

## Online Pre-recorded Video Courses from Inspired Children



These unique online video courses are presented by national award-winning trainer Ben Kingston Hughes (Plus Special Guests!) Each course is split into bitesize video modules which can be viewed on a majority of devices in the learner's own time and at their own speed. Learners will also have access to electronic copies of course materials and a certificate for their CPD file. This is a fantastic opportunity to train with one of the nation's leading trainers in the comfort of your own home or setting, even whilst in isolation. A single course allows every member of staff at a setting to be able to access this training just as if Ben had attended your setting in person.

### 1) The Power of Play to Transform Children's Lives - £250 setting/ £35 individual

This unique course demonstrates how play impacts on every aspect of a child's development and is the single most important criteria for healthy brain growth. The course brings together brand-new research on play, from neuroscience and biochemistry to evolutionary biology, and is based on observations from over 30 years of working with children. This definitive course on Play is delivered by Play specialist Ben Kingston-Hughes who is currently writing a book about play to be published by SAGE Publishing in 2021. (Half Day Equivalent Course)

### 2) Positive Behaviour, Positive Adults, Positive Children - £250 setting/ £35 individual

This essential course takes a unique look at children's behaviour and what we can do as adults to support and scaffold positive behaviour. Behaviour is a form of communication and this course helps us to understand what children are actually trying to communicate when their behaviour becomes more negative and how we can use this knowledge to create emotionally secure environments for our children. A vital and fresh look at behaviour potentially transforming how we support our children. (Half Day Equivalent Course)

### 3) Awe, Wonder and Cultural Capital - £250 setting/ £35 individual

Focusing on the fundamental driving forces for creativity, innovation and life-long learning this course shows how we can profoundly impact on children's aspirations, social mobility and future success by unlocking the potential of awe and wonder in their early childhood. The course also looks at the profound power of Joy as a motivator for learning, development and emotional well-being and gives a range of strategies for bringing more joy into our settings. (Half Day Equivalent Course)

### 4) Communication and Language – Words of Joy and Nurture

£250 setting/ £35 individual

This course looks at the underlying development of language in children and how children's settings are in a unique position to support and scaffold this development. The course unpicks the neuroscience of language in a way that is instantly applicable to the children in our care and showcases activities to use with our children to help them develop a fundamental joy of language. (Half Day Equivalent Course)

### 5) Loose Parts Play, Imagination, Creativity and Critical Thinking

£250 setting/ £35 individual

For the first time ever our definitive training on Loose Parts Play. Ben Kingston-Hughes delivers a more detailed version of his highly successful Nursery World Seminar which completely sold out when it was delivered in February 2020. His follow up article in Nursery World magazine has gained widespread acclaim and this is the first time that this information has been presented as an easily accessible video seminar. With mind blowing new research and practical tips and strategies this is an essential fresh look at this fascinating subject. (Half Day Equivalent Course)



## 6) Feeling Safe in an Unsafe World – (Supporting Children’s Emotional Well-being in Times of Anxiety) £350 setting/ £45 individual

We have had an overwhelming amount of requests for this training so we have created a brand new course to help settings rethink and re-evaluate their practice to make sure children get the best possible start when they return to School, Nursery or After-school settings.

The course looks at children’s different experiences of the Covid19 crisis and how those experiences will have shaped the fundamental structure of their brains to directly affect their development and behaviour. We also examine why more traditional behaviour methods simply don’t work when it comes to supporting positive behaviour especially during and after a time of crisis. The course highlights what is truly important for children’s well-being and how we need to focus on emotional well-being first and foremost if we want children to thrive. We need to be more aware than ever that children need time, patience and above all positive adults in their lives.

This ground-breaking course is suitable for agencies working with all ages of children and is the equivalent of a full day’s training course with 11 video modules plus bonus sections. (Full Day Equivalent)

## 7) Mathtastic Maths in Early Years - £350 setting/ £45 individual

This innovative online training course takes a fresh look at maths in early years and highlights a range of strategies to bring the magic back to maths. By examining the neuroscience of how children actually learn maths, this course enables early years practitioners to provide the optimum enriched environments for children to explore their mathematical potential. The course also highlights mathematical progression and how we can support maths not as artificial construct imposed by adults but as an intrinsic part of the child’s world as they continually assess, quantify and experiment within their early years environment. Finally the course looks at the anxiety sometimes associated with maths and how we can prevent this in our children and overcome it in ourselves.

Uniquely presented in bitesize modules by National award-winning training and children’s organisation Inspired Children, this course is essential for anyone wanting to make maths more accessible, active and above all joyful for their young children. (Full Day Equivalent)

## 8) Exhilarating Play – Essential Risk and Challenge - £250 setting/ £35 individual

This invaluable video course illustrates why it is vital for children’s wellbeing that they experience exhilarating play and risk and challenge in their environments. We are not looking to injure children but to give them a vibrant and stimulating childhood and ultimately help them assess danger for themselves. The course delves into the fascinating new neuroscience of just why children need risky challenging play and how catastrophic it can be to over protect children. Looking at brain growth, mental health and even life expectancy this course shows what we can do to give children back the exciting childhood they deserve and need. (Half Day Equivalent Course)

## 9) Play, Nurturing and Curiosity - £250 setting/ £35 individual

This course is an incredible insight into three vital processes in the brain that underpin every single aspect of well-being and development in children. More than a training course this is a fundamental pedagogy, a transformative philosophy and a road map to the well-being of our children. The course details the methodology we use with all of our children and shows unambiguously that focusing on Play, Nurturing and Curiosity can be profound and life-changing.



## Course Costs

A half day training course costs just £250 for a group license which allows up to 50 Learners to access the training making it the best value for money of any online training currently on the market. Our longer, full day equivalent courses cost just £350 for up to 50 learners. For larger organisations additional licenses can be purchased at a reduced cost if you wish to train more than 50 learners. For individuals such as childminders or other smaller organisations, individual licenses can be purchased for £35 per person for a half day course or £45 for a full day. The courses are available via an online link which will expire 6 months after the course date. Sessions can be viewed as many times as learners wish within the 6 month period. Certificates are supplied electronically and after course support is offered by phone or email.

## Amazing Feedback from Learners!

*WOW, this is the best thing that has happened this year! Lincolnshire sent out some training emails and I booked straight onto them. Being able to login when it suited me. Half hour at a time so I wasn't overwhelmed. The training fitted around my family and work. Due to all this I've been able to do so much more training.*

*Within the first week of changing my setting and the way I speak to the children I have seen a huge difference in their play, their language and happiness.*

*Thank you for sitting in a hot shed and putting on this training. You have changed me, the way I work, my passion for the job, this will help change the lives of the many under 5s that pass through my door!*

**Jenny Constable Childminder Jenny Tots**

*I'm a trainee teacher at MKITT who has just completed your online training on Positive Adults, Positive Children and would like to say a BIG thank you! Your modules and resources have been fab and you are a real inspiration. I hope to follow in your footsteps as I progress in my career working with children.*

**Natalie Carter – Milton Keynes Initial Teacher Training**

*Ben's 'Positive Adults, Positive Children, Positive Behaviour' video course is a fantastic eye-opener into the instincts and natural urges that children have, that cause what some would deem to be "bad behaviour". His advice is easy to follow and makes complete sense! I would recommend this course to anyone that wants to be proactive in behaviour management by creating an emotionally safe learning environment.*

**Elysia Stears – Milton Keynes Initial Teacher Training**

*The videos are very inspiring and explain a lot of areas that we as a group need to introduce into our practice, so thank you for that. During these times I think it is so important to keep the staff motivated.*

**Janet Kerry, The Ark Nottingham**

*I have just enjoyed working through 'Feeling safe in an unsafe World'. I wish every parent could have access to this before the children start in our Early Years Centre!!! Inspiring!*

**Serga Collett - Warwickshire**

Email [info@inspiredchildren.org.uk](mailto:info@inspiredchildren.org.uk) to book your course or for more information.

